



DATE: October 07, 2019

AGENDA ITEM # 5

TO: Senior Commission

FROM: Bridget Matheson, Recreation & Community Services Supervisor
Sarah Robustelli, Community Services Supervisor

SUBJECT: Monthly Staff Update

RECOMMENDATION:

Receive information and announcements from City staff

Updates

Los Altos Hills:

The **Los Altos Hills History Committee** is presenting **The First 50 Years** will be held on Thursday, October 10th at 3:00pm in Town Hall Council Chambers. More information can be found on [page 4](#) of the Activity Guide.

Trick or Treat and Tour Town Hall will be held on Friday, October 25th from 2:00-4:00 pm at Town Hall. Sign up here: <https://www.losaltoshills.ca.gov/FormCenter/Parks-Recreation-4/Trick-or-Treat-and-Tour-Town-Hall-93>

Stay Active, Stay Safe, Stay for Lunch

TOPIC: Crime Prevention & Home Fire Safety will be held Thursday, November 7th from 10am – 12:30pm at Town Hall, 26379 Fremont Road. This is a free event with Lunch Provided. RSVP Required visit: www.losaltoshills.ca.gov/201/Parks-and-Recreation and open Stay Active, Stay Safe, Stay for Lunch.

Medicare Enrollment Presentation will be held on Tuesday, November 12 at 10:30-11:30am in the Town Hall Council Chambers. This free presentation coincides with the annual Medicare enrollment period.

Los Altos Hills Senior Friendly Programs:

A free and open to all **Monthly Recreation Walk** was held Wednesday, November 6th at 9:30am will began at the Town Hall.

Free Tech Help for Senior was held on Thursday, November 7th from 4:00-5:00pm in the Parks and Recreation building. Sign up for future Tech Help events at <http://seniortech.cf/>.

Learn the basics about your public access channels and how you can best make use of them. This event is designed to answer your questions and provide a tour of the **Meet the Media Center**. This is a special invitation to Los Altos Hills/Los Altos residents from Thursday, November 7th from 6:00-7:00 pm at Midpen Media Center 900 San Antonio Road, Palo Alto.

Free **Worm Composting workshop** on Tuesday, November 19th at 7:00-8:00 pm in the Town Parks and Recreation Building register here: <https://ucanr.edu/survey/survey.cfm?surveynumber=27819>

Recyclables Processing Tour will be held November 15th from 11:00-Noon at GreenWaste's Material Recovery Facilities (MRF) 575 Charles Street, San Jose, CA 95112. Register here: <http://www.losaltoshills.ca.gov/FormCenter/Parks-Recreation-4/Recyclables-Processing-Tour-96>

Basic Manners for Community Dogs begins a new session on Wednesday, October 23rd at 9am at Hillview Baseball Field. Registration is open at losaltoshills.ca.gov/201/Parks-and-Recreation or Seniors may call recreation at 650-947-2506 to register over the phone.

Mindful Eating: Mind-Body Connection a free series that “enhances our understanding of what to eat, how to eat, how much to eat, and why we eat what we eat.” will begin on Thursday, October 17th at 6:30pm in the Parks and Recreation building.

City of Los Altos

Groundbreaking Ceremony

On Tuesday, October 08, 2019 at 10:00am in the parking lot at the current Hillview Community Center site (97 Hillview Avenue). The entire community is welcome to attend this ceremonial event to help officially kick-off construction of the new community center.

<https://www.losaltosca.gov/publicworks/page/groundbreaking-new-los-altos-community-center>

The 56th Annual Halloween Window Painting Contest

The 56th Annual Halloween Window Painting Contest still has limited space available for 4th -12th Grade Students. This activity will be taking place October 17-19. Register online or at the Recreation & Community Services Office (400 University Ave., Los Altos, Ca 94022). A full set of painting times, rules & regulations are available online at LosAltosRecreation.org. Window assignments will be made by Recreation & Community Services and emailed to contestants on or before Tuesday, October 15. **For more information about our programs, please visit LosAltosRecreation.org or call 650-947-2790.**

The Los Altos Parks & Recreation Presents Halloween Movie Night

The Los Altos Parks & Recreation Commission Presents “Twas 13 Days Before Halloween Movie Night”. This event will be taking place on Saturday, October 19, 2019 at Grant Park, 1575 Holt Avenue, Los Altos, Ca 94024. The following movies will be shown.

- (For ages 2 to 4.5)-Casper's Halloween Special - 7:00pm to 7:30 pm
- (Family Movie)- The House with a Clock in its Walls-7:45pm to 9:30 pm

Bring a chair, blanket, or jacket and join us for this family friendly Halloween double feature. For more information about our programs, please visit LosAltosRecreation.org or call 650-947-2790.

Streaming TV & Music

On Monday, Oct 21, 2019, explore popular streaming channels, the pros and cons as well as how to access. A quick peek at streaming music apps including Spotify, Apple Music, Pandora, Google Music, and Amazon Music. This activity will be taking place in Room 3 at 10:00am.

Service Dogs

On Wednesday, October 16, 2019, learn about the differences between types of service animals and much more! Kathy Waddell will be speaking about this topic at 12:30pm to 1:30pm in Room 4. In addition, Kathy will also cover training models, legal rights, and etiquette history of these uniquely trained animals. Come meet Crystal, Kathy's diabetic alert service dog!

Extra HICAP dates to help with Medicare open enrollment season!

Every 3rd Tuesday at 10:00 AM plus 10/29 and 11/12 at 12:00 PM with Nancy. Grant Park Room 3 Call (650) 947-2797 to schedule an appointment!

